

Leesfield Life Skills: Reception



At St Thomas' Leesfield, we aim to develop the whole child, embedding technical and transferable elements of the hidden curriculum alongside the age-related BB targets. Leesfield Life Skills are our way of supporting and ensuring that our children grow into well-rounded, confident young people who can succeed as individuals and contribute to our community. The objectives listed below are age-appropriate skills that your child must demonstrate they can independently carry out before the end of this academic year. Together, with your support, we can empower our children to be school ready and life ready.

Please discuss the targets with your child and work on them together. When you feel they are secure in this life skill, tick the box next to each statement, as school will do too.

	Home	School
I know when to say 'please' and 'thank you'		
I can hold a knife and fork correctly		
I can zip my coat up by myself		
I can brush my teeth		
I can cross the road with supervision		
I know my full name		
I know what to do if I get lost		
I can use the toilet without adult supervision		
I can put gloves on independently		
I tidy up after myself		
I can put my shoes on the right feet		



Leesfield Life Skills: Year 1

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Please discuss the targets with your child and work on them together. When you feel they are secure in this life skill, tick the box next to each statement, as school will do too.

	Home	School
I can dress myself independently		
I can put my shoes on the right feet independently		
I know my date of birth can recall it without hesitation		
I am aware of my personal hygiene – I wash my hands after going to the toilet, without prompting		
I help at home by putting cups, plates and pans away		
I put my washing in the washing basket, without being prompted		
I show an awareness of my environment and behave appropriately for the setting		
I know the difference between left and right		



Leesfield Life Skills: Year 2

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Please discuss the targets with your child and work on them together. When you feel they are secure in this life skill, tick the box next to each statement, as school will do too.

	Home	School
I can use a knife and fork properly to cut my own food and eat correctly		
I know my home address and post code and can recall this without hesitation		
I know that 999 is the number to phone if there is an emergency		
I am aware of Clever Never Goes (Stranger Danger) and can recognise when a situation is safe		
I can prepare a simple breakfast independently		
I have some understanding of internet/online safety		
I am responsible for my school belongings: planner, homework grid, PE kit, uniform, books		
I can make a sandwich, including choosing appropriate filling and ingredients		



Leesfield Life Skills: Year 3

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Please discuss the targets with your child and work on them together. When you feel they are secure in this life skill, tick the box next to each statement, as school will do too.

	Home	School
I can tie my shoelaces		
I can complete basic household tasks, such as setting/clearing the table, dusting/hovering, folding/putting away clothes		
I take responsibility for all of my personal belongings		
I know the value of coins and notes		
I can buy something with my own money and understand the change given		
I can look after a pet – I know the basic needs of an animal		
I can recycle appropriately – I know what to put in each different coloured bin		



Leesfield Life Skills: Year 4

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Please discuss the targets with your child and work on them together. When you feel they are secure in this life skill, tick the box next to each statement, as school will do too.

	Home	School
I can organise my own needs for the school day: I wear the correct uniform, I have my planner, homework grid and reading book(s), I wear my Always Badge		
I can accurately tell the time using the 12-hour clock		
I can swim the length of a swimming pool and know water safety		
I can safely make a hot drink		
I know a parent/guardian's phone number, in case of an emergency		
I understand how to stay safe online and know who to speak to if I am worried about my online safety		
I can cross the road independently and safely		
I can speak with the appropriate formality for different social scenarios		



Leesfield Life Skills: Year 5

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Please discuss the targets with your child and work on them together. When you feel they are secure in this life skill, tick the box next to each statement, as school will do too.

	Home	School
I dress appropriately for all weather conditions, without being instructed		
I can ride a bike		
I have an understanding of saving – bank account/piggy bank		
I can make and change my own bed		
I can accurately tell the time using the 24-hour clock in both analogue and digital formats		
I can set an alarm to get myself up in the morning		
I can wrap a present for a birthday, Christmas or other special event		
I can write and send an email		



Leesfield Life Skills: Year 6

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Please discuss the targets with your child and work on them together. When you feel they are secure in this life skill, tick the box next to each statement, as school will do too.

	Home	School
I can take a bus journey independently		
I can touch type on a QWERTY keyboard		
I can cook a basic meal following a recipe		
I know basic first aid		
I can give and follow instructions/directions within the local community		
I understand and use social media appropriately, when permitted to by a parent/guardian		
I can travel to/from school independently (if possible)		
I can tie a tie properly, in preparation for secondary school		