

St Thomas Lunch Menu



Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli Con Carne served with Rice	Veggie Sausage Rolls	Meat and Potato Pie	Homemade Chicken curry and rice	Cheese Pizza
Tomato Pasta Bake with crusty Bread	Fish Goujons Both served with crispy potatoes	Cheese Whirls Both served with creamy mashed potatoes	Mac n' Cheese	Selection of sandwiches served on wholemeal bread
Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Both served with fries
Raspberry sponge	Shortbread biscuits	Apple sponge and custard	Strawberry Mousse	Jacket Potatoes with various fillings
				Vanilla Ice Cream

Bread, Salad Options, Vegetables, Yogurt and Fresh Fruit are served daily.

Water is available to all children

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Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognaise	Quorn Taco's served with Spicy rice	Roast Chicken Dinner with Stuffing and Mash	Meat Pie served with potato wedges	Baked Beans or Spaghetti hoops on toast with omelette
Salmon Nuggets served with Savoury rice	Cheese and Bean Pie served with herby diced potatoes	Cod fishcakes with Mash	Arrabbiata Pasta with Garlic Bread	Assorted Paninis
Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Both Served with Chips
Vanilla Iced Sponge slice	Vanilla Cookie	Lemon Sponge and custard	Banana mousse with toffee sauce	Cocoa shortbread swirls

Bread, Salad Options, Vegetables, Yogurt and Fresh Fruit are served daily. Water is available to all children.

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Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Hot dogs with pork or veggie sausages	Chicken Curry served with rice	Mince Beef and dumplings	Meatballs with gravy	Pizza of the day
Lentil Curry with Naan and rice	Tomato pasta bake with garlic bread	Cheese Quiche Served with Mash	Fish Finger Wraps Both with diced potatoes	Selection of sandwiches on wholemeal bread Served with chunky chips
Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings
Chocolate flavour Mousse	Shortbread Biscuits	Chocolate Cake and custard	Apple Flapjack	Raspberry Jelly

Bread, Salad Options, Vegetables, Yogurt and Fresh Fruit are served daily. Water is available to all children.