

Breathe

Parent and Carer Support Group

A safe space to talk and share

For parents and carers of young people with
mental health and emotional issues.

Join others with similar experiences and seek
support and advice.

1ST WEDNESDAY
OF THE MONTH
7-9PM

THE SATELLITE CENTRE, WELLINGTON ROAD,
GREENFIELD, SADDLEWORTH OL3 7AL

For more info join us on Facebook or ring
Jude on 07759 599134

